

Office of Student Health and Wellness Healthy CPS Network Initiative

ADDITIONAL SUPPORT FOR NETWORK 5 LAUNCHING SY 20-21

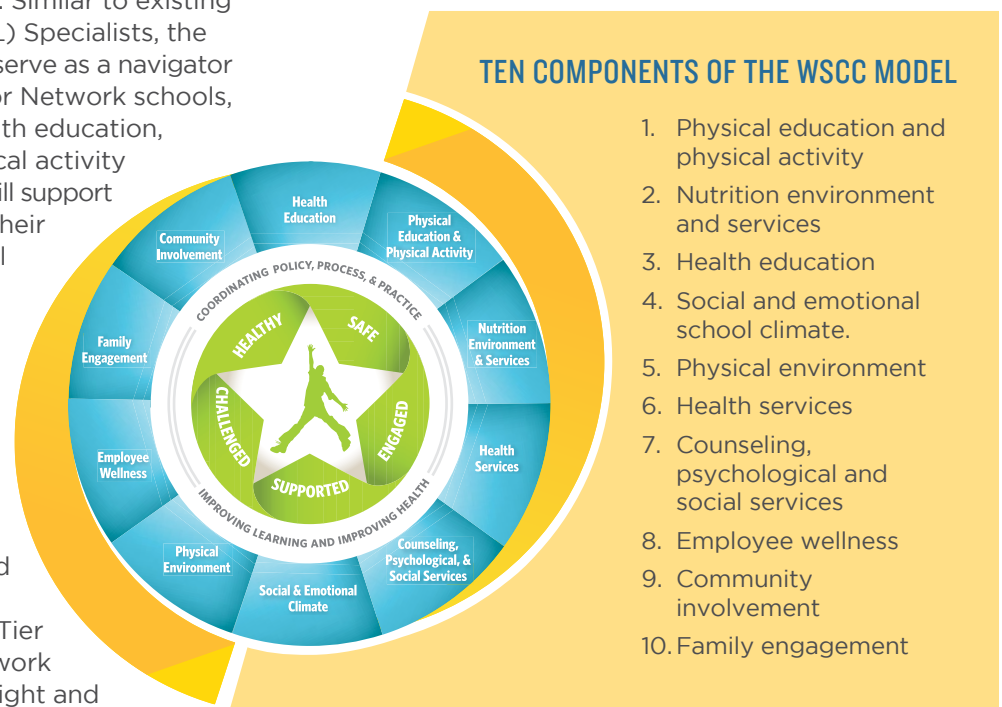
What is the Healthy CPS Network Initiative?

In order to promote and enhance the Office of Student Health and Wellness (OSHW) efforts to support and improve the health and wellbeing of all students, Chicago Public Schools (CPS), in partnership with the Policy, Practice, and Prevention Research Center (P3RC) at the University of Illinois at Chicago is excited to introduce the Healthy CPS Network Specialist. Similar to existing CPS Social Emotional Learning (SEL) Specialists, the Healthy CPS Network Specialist will serve as a navigator and technical assistance provider for Network schools, assisting them in implementing health education, health services, nutrition, and physical activity opportunities. The Specialist's work will support OSHW Healthy CPS initiatives and their implementation of the WSCC model (see right).

This collaborative project between OSHW and the P3RC at UIC's School of Public Health will begin in school year 2020-21 as a pilot in Network 5 regionally-based elementary and high schools. The P3RC will lead evaluation activities, including a comparison with standard OSHW health and wellness related practices and technical assistance (Tier 1 supports) in regionally-based Network 3 schools. OSHW will provide oversight and management of the new specialist.

What is the WSCC Model?

This initiative is based on [CDC's Whole School, Whole Community, Whole Child \(WSCC\) model](#): A comprehensive child-centered framework based on principles of equity, family and community engagement, and the empowerment of children and adolescents as active participants in their own learning and health.



TEN COMPONENTS OF THE WSCC MODEL

1. Physical education and physical activity
2. Nutrition environment and services
3. Health education
4. Social and emotional school climate.
5. Physical environment
6. Health services
7. Counseling, psychological and social services
8. Employee wellness
9. Community involvement
10. Family engagement

FOR MORE INFORMATION:

Office of Student Health and Wellness
 Chicago Public Schools
 Phone: 773-553-KIDS(5437)
oshw@cps.edu

Jamie F. Chriqui, PhD, MHS
 Principal Investigator
 School of Public Health
 University of Illinois at Chicago
jchriqui@uic.edu

What will the Specialist Provide to Network 5 Schools, Families, and Students?

FOR THE CHIEF OF SCHOOLS

- Increased compliance with federal, state, and district policies and guidelines
- Increased overall achievement of Healthy CPS certification
- Increased alignment of health-related activities by SEL Specialists, Family and Community Engagement (FACE) Managers, and the new Healthy CPS Specialist
- Support for handling health emergencies such as flu outbreaks and coordinating services for health care needs
- Additional coordination and support from community-based organizations
- Additional opportunities for family and community engagement

FOR PRINCIPALS, STAFF, AND TEACHERS

- Coordination of network and school-based efforts across competency areas
- Support in reviewing data to prioritize needs and actions
- Support in achieving Healthy CPS certification
- Technical assistance for Healthy CPS Action Plan implementation
- Support of Wellness Champion and Wellness Team work in schools
- Connections to professional development opportunities for staff
- Support in meeting health education and physical activity/education requirements
- Connections to other schools to share strategies and lessons learned
- Support for handling health emergencies such as flu outbreaks and coordinating services for health care needs

FOR FAMILIES, PARENTS, AND CAREGIVERS

- Support in applying for health insurance, Supplemental Nutrition Assistance Program (SNAP), and other benefits
- Support in connecting with community-based resources and services
- Opportunities to learn more about available activities and resources to support health, wellness, and academic achievement

FOR STUDENTS

- Opportunities to provide feedback on how to make the school environment healthy and safe
- Connection to resources and services
- Opportunities to lead and/or participate in health promotion activities in the school and in the classroom, such as messaging campaigns and peer education activities

What do we hope will happen as a result of this Initiative?

IN THE NEXT 1-2 YEARS WE HOPE TO SEE...

Increased Tier 2 supports

- Enhanced use of data to prioritize schools for focused supports
- Increased collaboration among Network SEL, FACE, Nutrition, and Facilities managers to share and align priorities and strategies
- Creation of a Professional Learning Community to provide a forum for learning and information exchange
- Connection of school leaders throughout the Network to CPS OSHW and community supports and services through regular Network-wide communications

Increased Tier 3 supports

- Intensive support for school wellness teams
- Provision of TA to schools for Healthy CPS Action Plan Implementation
- Increased connections to CPS and community supports based on school and/or individual student needs
- Support for schools in developing and implementing strategies for dealing with school-wide outbreaks
- Provision of targeted professional development for school staff
- Assistance in managing individual student health cases, as needed

IN 5+ YEARS WE HOPE TO SEE...

- Better management of conditions like diabetes and asthma
- More schools achieving PE and health-related instruction requirements
- Increased access to healthy food and physical activity opportunities
- Increased access to health care services
- Increased enrollment in Medicaid/CHIP and SNAP
- Improved student health behaviors (e.g. diet, physical activity, substance and tobacco use, and sexual behaviors)
- Improved student attendance and academic outcomes